

Directions for Controlled Substance/CII RX

PRESCRIPTIONS REQUIRE HAND DELIVERY TO PHARMACY

You have been given a prescription for a **controlled substance** (i.e., a stimulant such as Adderall, Dexedrine, Ritalin, Ritalin LA, Focalin, Focalin XR, Concerta, Daytrana, Vyvanse). Because this is a controlled substance (i.e. CII), it requires a special prescription and thus **CANNOT** be called into the pharmacy like other prescriptions. Thus, this prescription must be **delivered in person to the pharmacy.**

REFILL REQUESTS & FEE

Please be mindful of how many pills/capsules remain as I will have to provide another prescription for you when your supplies run out (i.e. leave at front desk or mail to you). Please note that I am generally NOT in this office on Wednesdays & Thursdays. Thus, I am generally NOT available to refill these prescriptions on those days unless prior arrangements are made. Frequent **urgent requests** for prescriptions for these controlled substances may result in a **\$50 charge**.

90-DAY SUPPLIES

Please note that many insurance companies allow you to obtain 60 or **90-day supplies** of medication. However, this often requires a mail order, which can take several weeks. In order to make this easier for both you and me, I encourage you to determine the steps necessary to obtain such 90-day supplies in advance.

PRESCRIPTIONS VALID FOR 6 MONTHS

Please note that the laws have recently changed and these prescriptions are now **valid** for a period of **6 months**.

NO RIGOROUS PHYSICAL ACTIVITY AFTER TAKING MEDICATION

Because of the potential impact on heart rate, stimulants should NOT be taken before a **vigorous workout** or **highly competitive athletic event**.

I have read and reviewed the above.

Patients or Guardian signature

Name/relationship

Date

010814

DEREK OTT, M.D.

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